



NURTURED ROOTS

Family Resources

Weather

At Nurtured Roots, children are outdoors at Borland Garden in all but the most challenging weather. We embrace the changing seasons and the rhythms of the natural world as an important part of the learning experience.

Borland Garden has a pavilion that provides shelter during light rain and other mild weather. When conditions are more challenging—including thunderstorms, an Air Quality Index (AQI) of approximately 151 or higher, or temperatures at or below approximately 20°F—we will relocate to East Liberty Presbyterian Church (ELPC). We will communicate with families as early as possible whenever we anticipate moving to our indoor location.

Please check the daily forecast before school and make sure your child comes prepared for the weather. Dressing in layers and sending children with appropriate outdoor gear helps them stay comfortable and engaged throughout the day.

Health & Support Needs

Please let us know if your child has any health, safety, or support needs that would be helpful for us to know. If your child has an IEP, please email us a copy so that we can better understand and support their learning needs.

Lunch & Water

Each child should bring a substantial, healthy lunch each day, along with a full water bottle. Children tend to get hungrier when playing and learning outdoors for extended periods, so please pack enough food to keep your child nourished.

Outdoor Clothing & Gear

Each child will need the following outdoor clothing and gear to stay warm, dry, and comfortable throughout the seasons:

- Waterproof rain jacket
- Waterproof rain pants
- Insulated winter jacket
- Insulated snow pants
- Insulated waterproof boots

- Waterproof insulated mittens or gloves
- Warm hat
- Neck warmer
- Thermal base layers
- Warm wool or wool-blend socks

If your family needs assistance obtaining any of these items, please reach out to us with the item(s) and size needed. We will do our best to help connect your family with available resources or donations.