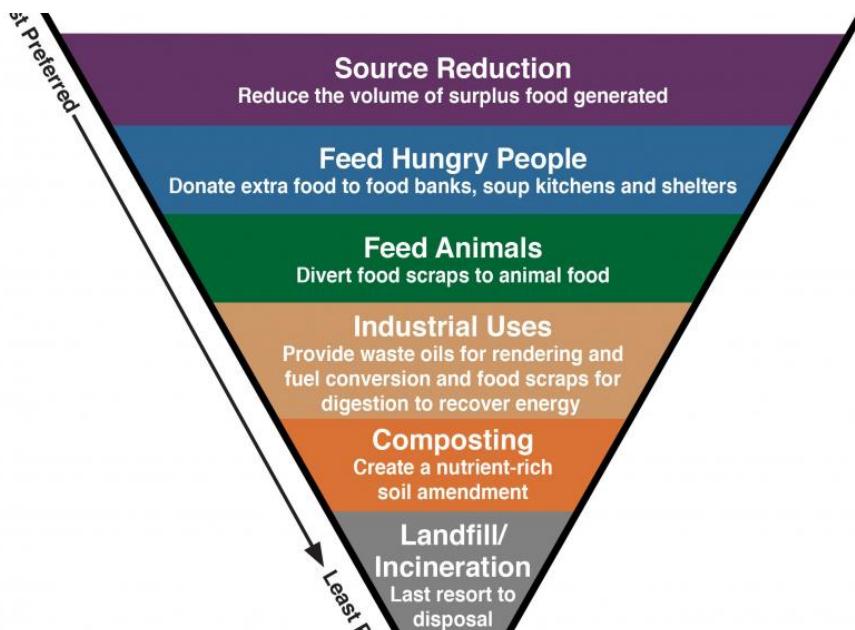


# Art In The Garden



## Food waste in the garden

At the garden we teach campers about the importance of food waste and how we can help reduce it. Everyday the campers compost and we donate leftover food to families in the garden.

Pictured above is the Food Recovery Hierarchy which shows the best ways to deal with excess food. Below are a few ways you can help reduce food waste at home. One the right are a few more ways we prevent food waste at home.

### DONATE

One of the best things to do with excess food is to donate it. There are many local food banks and churches that will be happy to take your donations! Check out [www.foodpantries.org/pittsburgh](http://www.foodpantries.org/pittsburgh) to find a food pantry near you!

### FEED ANIMALS

You can feed animals trimmings and food scraps. Not all foods can be fed to animals especially depending on what type of animals you have or are donating to.

### COMPOST

Composting is a great way to make use of food that would go to waste in the trash. It can be used to feed earthworms and other life in the soil, and be mixed into soil to help with nutrients.

### Air freshener

You can turn old fruit into air freshener. Slice it up and boil it in water. You can add cinnamon to apples and such to improve the scent.

### Bread pudding

Bread pudding is a great recipe to get rid of old bread. It's a really easy to make and tastes delicious. You can add extra things too like chocolate chips or raisins.

### Smoothies or popsicles

Berry smoothies or popsicles are a really healthy and affordable substitute for your usual summer treats! You can use any berries you find. Blend them with sugar and water until your desired texture then freeze in a ice cube tray with toothpicks.

## COMPOSTING TIPS

- Whether you're composting at home or decide to donate scraps to the Borland garden, it's important to know what and what not to put in your compost
- DO COMPOST: Fruit Scraps, Vegetables, Grass and (non diseased) plants, shredded paper, dried leaves, cardboard, juice
- DON'T COMPOST: meat, milk, oil, grease, dairy, citrus peels, diseased plants
- Shady Side Worms is a really cool organization, they offer a compost exchange program. They pick up food scraps weekly and give you the compost when it's ready. The program requires a monthly or yearly subscription but is definitely worth it! Check them out here: <https://shadysideworms.com/>

You

## African Drumming and Dancing with Sankofa Village for the Arts

This year Sankofa village of for the Arts made a return as one of our collaborators. They drummed, sang, and danced with the kids making music that filled the garden. Campers got the chance to play the Djembe,



Dunun, and other various instruments .



## The Mural Art Project

This year we had the joy of working with Max and Shane to create multiple murals throughout the the garden. Campers learned to create their own tags and the basics of how to make murals. Take a walk through the garden and you'll get to witness the campers' creativity.